



The meaning of modern healthcare practice, including high-tech intensive care medicine, is to cure physical trauma, injury and pain, as well as social, psychological and spiritual problems and sufferings of each patient and his family. The only one solution of this immediate task of modern medicine is the building of an ICU interdisciplinary team, which integrates efforts of many different healthcare providers: physicians, nurses, social workers, psychologists, chaplains, volunteers.

Purposes of course:

To identify and address the physical, psychological, spiritual and practical burdens of illness.

To identify and address the limits of modern medicine.

To indicate the great importance of:

- Effective management of pain and other distressing symptoms, while incorporating psychosocial and spiritual care according to patient and family needs, values, beliefs and culture.

- Both patient and family must be prepared for the dying process and for death, when it is anticipated.



Participants:

Assoc. Prof. R. Albisser, Theological Faculty, University of Lucerne, Swiss,
K. Franz, MD, University Hospital, Bern, Swiss
Assoc. Prof. J. Marinova, PhD, Sv. Dimitrova, PhD, Dept. Social Medicine, Thracian University
J. Vuchkov, PhD, G. Dimov, PhD, ICU, University Hospital, Thracian University
Vi. Bostandzhiev, MD, University Hospital, Sofia
Chr. Toteva, M. Georgieva, At. Kisov - ICU nurses, ICU, University Hospital, Thracian University
E. Daskalova-Zafirova - clinical psychologist
K. Janulova - psychologist
Chr. Saldzhiev - Faculty of Pedagogic, Thracian University,
Fr. J. Karageorgiev, Chaplain, Fr. Ilya Iliev, Chaplain, Parish of Stara Zagora
Fr. Mario Jonov, Hospital Chaplain, Sofia
R. Iliev, M. Akat, A. Petrov, D. Gancheva - Medical Faculty Students
- Social Work Students, Thracian University
- Medical College students

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THRACIAN UNIVERSITY
MEDICAL FACULTY

**2nd INTERNATIONAL CONFERENCE
“BUILDING OF AN ICU INTERDISCIPLINARY
TEAM”**

***LIMITS OF THE MODERN MEDICINE
COMMUNICATION AND CARE OF TERMINAL
ICU PATIENTS***

Stara Zagora
Bulgaria

23th-25th June 2004

BUILDING OF AN ICU INTERDISCIPLINARY TEAM

2^d International Conference, Thracian University, Medical Faculty, Stara Zagora, Bulgaria, 23-25 June 2004

LIMITS OF THE MODERN MEDICINE. COMMUNICATION AND CARE OF TERMINAL ICU PATIENTS

PROGRAM

	Wednesday 23. June	Thursday 24. June	Friday 25. June
09.00-10.30	<u>Opening of the Conference, participants introducing</u> Evaluation of Conference 2003 (J. Vuchkov) 1. Lecture: Limits of the Modern Medicine (R. Albisser) Discussion	<u>Psychotherapy and Spiritual Care</u> 4. Lecture: Care for post suicide and post trauma Injuries (Vi. Bostandzhiev) 5. Lecture: Physician's expectations of Spiritual Care (Vuchkov / Franz)	<u>Health Care Providers Opinion</u> 9. Lecture: Terminal Patient, Modern Medicine Limits, Dying and Death in ICU (Vuchkov, Albisser, Toteva, Student)
10.30-10.45	Pause	Pause	Pause
10.45-12.00	2. Lecture: Palliative Care (Social worker, Social work Student) 3. Lecture: Salutogenesis (K. Franz)	6. Lecture: Spiritual Care Practice (Fr. M. Jonov, Fr. Ilya Iliev) <u>Plenum (fishbowl)</u> Spiritual Resource of ICU Patients and their Relatives Case discuss	Training in conversation making 10. Lecture: A System of Education-CPE/CPT (Albisser, Vuchkov)
12.00-14.00		Lunch	
14.00-15.30	ICU Patients and their Relatives: Where are the limits of modern Medicine? Case discuss	<u>Care for Terminal ICU-Patients</u> 7. Lecture: Passive and active Euthanasia (J. Vuchkov, G. Dimov) 8. Lecture: Dying Process: The Body Language and symbolic Speech of Dying Patients (E. Zafirova)	Plenum 11. Lecture: Bulgarian Traditions: Dying and Death in Literature, Music, Painting (Chr. Saldzhiev)
15.30-15.45	Pause	Pause	Pause
15.45-17.00	Small groups: Medical Professionals: Where are the limits of modern Medicine?	Small groups: Communication with Terminal ICU Patients and their Families: Our personal experience	Evaluation and Ending of Conference 2004