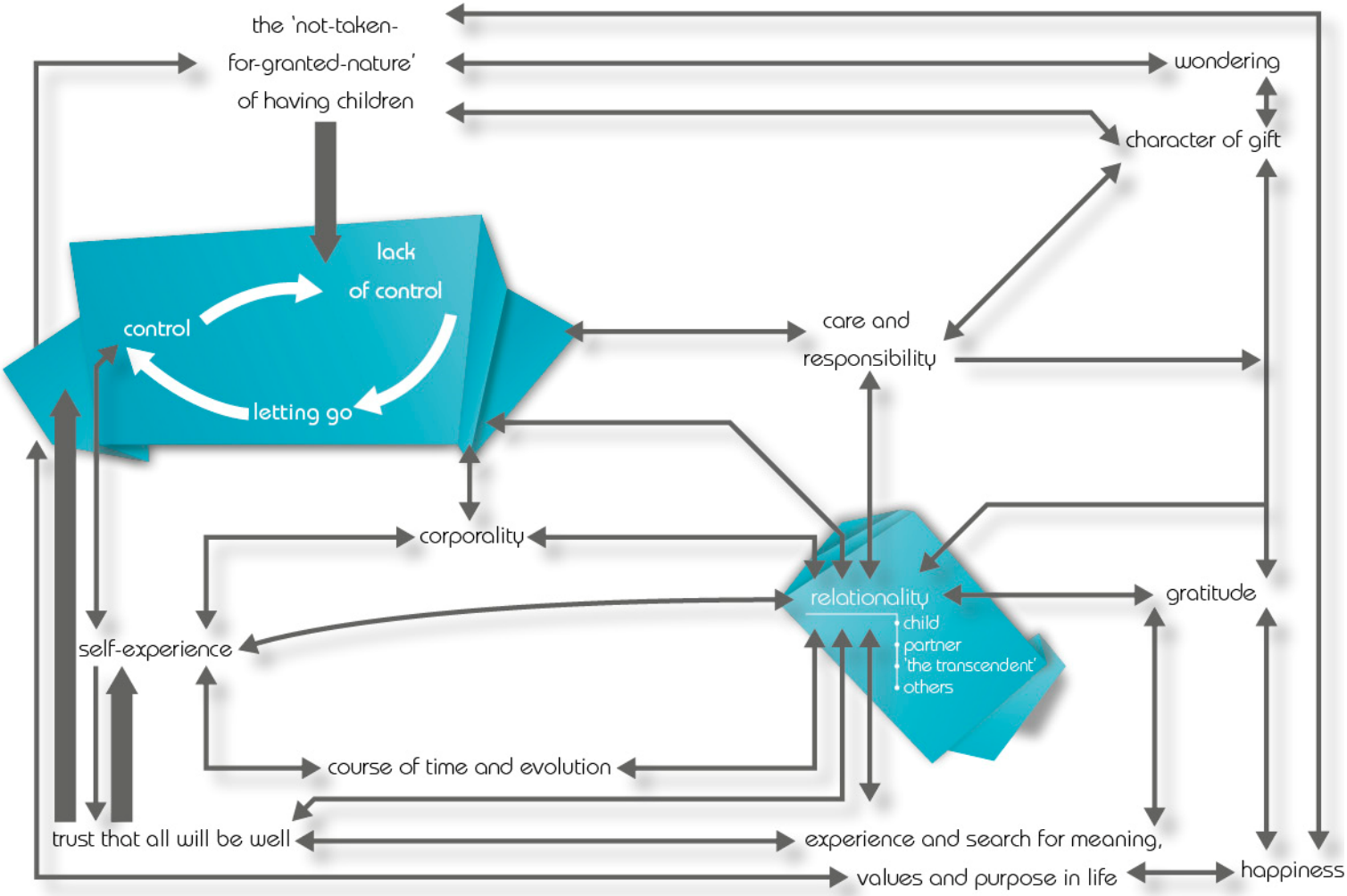Scheme1: Experiences and spiritual dimensions of pregnancy, childbirth and early parenting